

Appendix 1. Sample characteristics

Variable	Level	Number of students (N=159)	Share	Variable	Level	Number of students	Share
Sex	Female	83	52.20%	City size (permanent residence)	Rural area	33	20.75%
	Male	73	45.91%		City with fewer than 50,000 inhabitants	31	19.50%
	Other / Refuse to answer	3	1.89%		City with 50,000 – 100,000 inhabitants	23	14.47%
Age	18–19	23	14.46%		City with 100,000 – 500,000 inhabitants	15	9.43%
	20–21	67	42.14%		City with over 500,000 inhabitants	57	35.85%
	22–23	28	17.61%	Region	Dolnośląskie	2	1.26%
	24–25	26	16.35%		Kujawsko-pomorskie	2	1.26%
	26–30	9	5.66%		Lubelskie	14	8.81%
	Over 31	6	3.77%		Lubuskie	1	0.63%
Monthly net household income	Less than 1,000 PLN	3	1.89%		Łódzkie	7	4.40%
	1,000–4,999 PLN	36	22.64%		Małopolskie	2	1.26%
	5,000–9,999 PLN	39	24.53%		Mazowieckie	90	56.60%
	10,000–12,499 PLN	15	9.43%		Opolskie	4	2.52%
	12,500–14,999 PLN	12	7.55%		Podkarpackie	5	3.14%
	Over 15,000 PLN	25	15.72%		Podlaskie	5	3.14%
	Refuse to answer	29	18.24%		Pomorskie	5	3.14%
Place of residence during the semester	Rented apartment (living alone)	16	10.06%		Śląskie	5	3.14%
	Rented apartment (with flatmates)	39	24.53%		Świętokrzyskie	2	1.26%
	With family	61	38.36%		Warmińsko-mazurskie	4	2.52%
	Own apartment	28	17.61%		Wielkopolskie	5	3.14%
	Student dormitory	11	6.92%		Zachodnio-pomorskie	2	1.26%
	Other	4	2.52%		From abroad	4	2.52%